

ST VINCENT DE PAUL Emergency Helpline Crumlin/Aldergrove 07754427088

ST JOSEPH'S GAC: 13 June. 19. **Winning Nos:** 2-11-20-24. **Jackpot** £5,100. No winners. **3 Nos:** D McGarry, Robbie Connolly. **Lucky Dips:** Paul Magee, Kieran McQuillan **Next week's Jackpot - £5,150. Second Jackpot £2000.** Visit the dub's new website: www.glenavygac.com to keep up to date with club affairs.

GH TYRES AND AUTO SERVICES: 40a Glenavy Road, Crumlin. Punctures repairs, Wheel Balancing, Wheel Alignment, Batteries, General Service and repairs Tel:94423113.

CHILDMINDER HAS VACANCIES: School Drop Off & Pickup available, Tel: 07743919811

CHILDMINDER REQUIRED 3 days per week to look after children in their own home. Car essential as school drop offs/pick ups required. Phone 07841658885

THE KEVIN BELL REPATRIATION TRUST. The organisers of the Kevin Bell Repatriation Trust Table Quiz wish to thank all who attended and supported the Table Quiz on Friday 7th June. A huge thank you for your very generous support. **A total of £4,728.18 was raised.**

To book St Clare's Community Hall please PHONE: 075 1777 9334.

FUNERAL HOSPITALITY: Please note St Clare's Hall has it's own team who cater for After Funeral Receptions. They provide a friendly and caring service.

COFFEE MORNING every Friday 10.00am—11.00am

BABY & KIDS FAIR: Saturday 6th July 2019, 1pm - 4pm. Have you baby equipment, toys, baby clothes, kids clothes, school uniform that you no longer use? Why don't you bring it along to St Clare's Hall on Saturday 6th July 2019 to sell and make a few pounds for the summer holidays? If interested in having a stall, contact Claire on 07887405964 to book your space. Just £10 per stall.

SUMMER HOLIDAY CLUB: Ages 4 – 11, 10am - 12 noon, on 5th - 9th August Gardening - Cookery - Crafts – Games £40 per child. Places are limited so early booking is advised Contact Claire on 07887405964 or PM this page to book

ST CLARE'S BOWLING CLUB will open for New Season on Monday 9th September . Contact Sinnead 94453972.

BOOK CLUB every third Tuesday of the month at 7.30pm (Currently reading History of Rain by Niall Williams

PILATES Tuesday 7.30pm and 8.30pm 07738111281

ST CLARE'S PARENTS & TODDLER GROUP Friday's 10.00am—12noon.

MODERN JIVE Wednesdays **WHIST:** Last Friday of the Month.

TRADITIONAL MUSIC SESSION last Sunday of every month @ 7 pm

Bingo

in St Clare's Community Hall
Thursdays at 8.00pm sharp-9.30pm approx.

Jackpot £1,000 in **46** Numbers


Line£15 House £25

Scoop £25 Line House £50

Game 9 if Jackpot not won, House £50



THE MOST HOLY BODY AND BLOOD OF CHRIST 23RD JUNE 2019

Very Rev Fr Colm McBride PP: St Joseph's Presbytery, 59 Chapel Road, Glenavy, BT29 4LA 94459560
In emergencies Fr Declan Mulligan P.P. Aghagallon 92651214
Parish Office at St Joseph's Glenavy:
Monday - Friday 10am - 3pm.
Office Closed 1.00 - 2.00pm
Secretary: Máire Rafferty Tel: 028 94422278
Email: glenavy@downandconnor.org
Parish Website: glenavyandkillleadparish.com
 www.facebook.com/glenavyandkillleadparish

THE MOST HOLY BODY AND BLOOD OF CHRIST

You might expect that on a feast to commemorate the Eucharist we would be reading a text describing the last supper. However, since the last days of Jesus life were vividly recalled during Holy Week, we are now invited to reflect upon the meaning of the events and that is why today we are considering the miracle of the loaves and fishes. This was a highly symbolic act on the part of Jesus because, not only does it echo the Old Testament miracle of the manna in the wilderness, it also indicates Jesus' desire to nourish his followers as they journey with him on the road of faith. The Eucharist is precisely that, and every time we gather for it we recognise that we are pilgrims in need of the sustenance that only God can give.

Reflection

When Jesus said 'do this in memory of me it is clear that he was not only referring to his actions relating to the bread and wine. He was asking his followers to live out this symbol of his life giving love. This is made very clear in the fourth gospel where, instead of the Passover meal, John reports that Jesus knelt down and washed the feet of his disciples and afterwards told them that they must do the same. The Eucharist as a sacrifice and meal involves us not simply in a prayerful ritual but also commits us to a way of relating to each other. If we are truly devoted to the Lord's presence in Holy Communion then we will also be truly devoted to his presence in the community, especially in those who are most in need.

Sean Goan

Let the reader understand



24 June — 30 June		Mass Intentions
	St Joseph's	Mater Dei
Mon	9.30am Fr John Mackel Mass Intention	
Tue		7.00pm Dan Trowlen
Wed		9.30am
Thur	9.30am	
Fri	9.30am	
Sat		6.00pm vigil Marie Brown (Month's Mind)
Sun	9.30am Malachy Nelson & Imelda Shephard 12.00 noon Mary Mulholland	10.45am Jack & Derinella Lamb Rosena Faloon



REQUIESCANT IN PACE

RECENTLY DECEASED: Kevin O'Neill, Una Mulholland

MONTH'S MIND: William Flynn

ANNIVERSARIES: Josephine Nelson, Peter McCloskey, Imelda Shephard, Dan Trowlen, William Lewsley, Kevin Nelson, Irene Armstrong, Emer Sullivan, Kathleen Crossen, Elizabeth Cushnahan (nee McGarry)

MASS INTENTION: Fr John Mackel,

SANCTUARY LAMP INTENTIONS: A Sanctuary Lamp burns for a week in each of our four churches. If you would like to dedicate a lamp for a loved one or a special intention please contact the Parish Office. There is a suggested offering of £5. This Week's dedications:

Josephine Nelson, AE Phillips, Sammy Heatley

SICK AND HOUSEBOUND: Fr Colm plans to make the First Friday visits to the sick and housebound in the northern and southern halves of the parish on alternate months. This month, June, Fr Colm visited the northern half on First Friday week and he will visit the southern half in July on First Friday week. In the case of an emergency i.e. a sudden death, if Fr Colm is not available, please contact Fr Declan Mulligan. PP Aghagallon Parish. Tel. 92651214.

PARISH PASTORAL COUNCIL: The next meeting of the Pastoral Council will take place on Wednesday 26 June at 7.00pm.

ANNUAL BLESSING OF GRAVES: The Blessing of Graves will take place in St Joseph's Graveyard on Sunday 30 June at 3pm. Tea/coffee will be served afterwards in St Clare's hall. The Blessing of Graves will take place in St James Graveyard on Sunday 7th July at 3pm and at 4.15PM in Crumlin Cemetery.

COLLECTIONS 16/06/19

WEEKLY OFFERING: £2,366

POPE'S COLLECTION: £1,330

YOUTH FOR CHRIST: £410

Thank you for your generosity

PARISH DRAW WEEK 7

Winner: £100: Fionnuala McLemon Glenavy

Winner: £50: Niamh & Maighread Rafferty Crumlin

Congratulations to our winners

About the Eucharist...

Whenever we do things regularly we can become casual or even careless about them. Even though the Eucharist is the most sacred gift we receive, it too can fall victim to a casual attitude. The following is by way of reminding ourselves of some of what the Church teaches and what we believe.

The Eucharistic Host is not a 'symbol', nor simply 'represents', nor 'is it a sign' of; it **is** the body, soul, divinity of Jesus Christ under the appearance of unleavened bread. Out of respect for what we will receive, we are asked to fast from all food and drink (excepting water or medicine) for one hour before receiving the host. Those over 60 are asked to fast for a quarter of an hour only. As we come forward to receive the Host we are asked to have appropriate disposition of the body (gestures and dress) as a sign of respect for Christ.

Most of our sin is of a venial nature and can be dealt with through a sincere Act of Sorrow which should be said before we receive. However if we are conscious of any **grave** sin in our lives it is necessary to be reconciled with God and the Church first, before receiving the sacrament. The Church wishes all to know they are included in the celebration but in those circumstances where for whatever reason we are unable to receive the host, we are invited to come forward to enter a spiritual communion through a Blessing, indicated by placing ones arms in the form of a cross on our chest.

We may receive the host either directly on the tongue or in the hand. If we receive the host on the hand (which should be dean) we are asked to make a throne for it by placing a supporting hand under the other. Having received the Host we stand to the side and consume it whilst still at the sanctuary and before returning to our seat. In our parish, children who are not yet full members of the Church, i.e not Confirmed, are asked to receive the Host on the tongue.

We are never closer to God on this earth than in those moments immediately after receiving Holy Communion. In our seats we make our personal thanksgiving and recite quietly our own devotional prayers. We then wait in silence out of respect for others who may still be receiving Holy Communion or making their thanksgiving.

Holy Communion, the Eucharist, cements our union with Christ. It does for our spiritual life what material food does for our bodies. It preserves, increases and renews the life of grace received at Baptism. It builds and strengthens the faith community, the living body of Christ.

For further reading see **The Catechism of the Catholic Church**, No's 1322- 1419 or **YOUCAT**, No's 208-223

LOURDES PILGRIMAGE COLLECTION: This weekend 22/23 June, the annual church door collection will present us with an opportunity to support sick and disabled persons travelling to Lourdes on the Diocesan Pilgrimage. Individuals who would otherwise be unable to attend.

Last year our parish contributed £1,120 to this very worthy cause. All who contribute to the collection become Associate Members of the pilgrimage and are asked to pray for those who will benefit from their financial support. The Diocesan Pilgrimage to Lourdes will be led by Bishop Noel Treanor and takes place from 9th to 16th July.

ROSARY Feumore: Holy Hour with rosary and Divine Mercy Chaplet is prayed in Feumore Mass Centre each Sunday at 7pm. Rosary in Mater Dei Crumlin at 6.30pm on Tuesday. All welcome.

ROSARY AT THE GROTTO takes place on the last Friday of each month at 7pm.

STORMONT ROSARY FOR LIFE - Please join us in praying the Rosary for the protection of Northern Ireland's pro-life laws at **Parliament Buildings, Stormont**, (meeting at main gate entrance on Upper Newtownards Road) at **2.30pm on Saturday 29th June**. For more information contact Rosary Crusade for Ireland on **028 9027 8484 or info@preciouslife.com**

GLENNAVY AND KILLEAD BETHANY BEREAVEMENT SUPPORT GROUP: A member of the Bethany Group may be contacted on the following phone number 07746032796

DOWN AND CONNOR DIOCESAN BI-ANNUAL PILGRIMAGE TO FATIMA: Led by The Most Reverend Bishop Noel Treanor DD, 15-22 August 2019, 7 Nights Full Board Hotel Avenida, £715 Includes Taxes and Insurance, Pilgrimage Directors Fr G McCloskey and Fr S Gilmore, For Further Details Contact Joe Catney – 028 9071 4001 or 077 7642 5631

ADORATION

Feumore	Mon	11.00am—12noon	St James	Mon	5.00pm—8.00pm
Mater Dei	Wed	10.00am—12noon and 5.00pm—9.00pm			
St Joseph's	Thurs	7.00pm—10.00pm			

Divine Mercy Chaplet is prayed in Mater Dei 6.30pm on Wednesday

A MARRIAGE ENRICHMENT WEEKEND offers married couples (of all ages) private time to rekindle the joy of their love. The next Weekend (residential) will be from 13th to 15th September in the Dro-mantine Conference Centre, Newry and The Lake Hotel Killarney, on 15th -17th November 2019. For info. and to book, visit www.marriageencounter.ie or call *+44 770 281 2321* or *+353 87 784 0408*.

RACHELS VINEYARD RETREATS are a beautiful healing opportunity for anyone struggling with the emotional or spiritual pain of an abortion. The retreat weekend is a very specific process designed to help you experience the love, mercy, compassion and forgiveness of God. It allows you to surface and release repressed feelings of anger, shame, guilt and grief. It enables suffering souls to find a voice and transform the pain of the past into love and hope. Each weekend is held in a confidential setting. Our next weekend will be held in June. To find out more information contact Marian on 07814 748 744 or e mail marianrvni@yahoo.co.uk or call Sheila on 0790 286 9646. You can also look up www.rachelsvineyardni.org. All queries are treated in strictest confidence.

OVERSEAS VOLUNTEERS REQUIRED! Volunteer IT/HR Admins, Montessori/Primary/Secondary Teachers, Physios, Accountants, Social Workers...all required for funded placements on Missions in Africa, SE Asia and the Caribbean. No previous overseas exp required, no upper age limit! Contact Viatores Christi +353-1-8689986 or email apply@viatoreschristi.com for more info.

ADOPTION: Family Care Adoption Services is presently seeking to recruit adoptive families for babies and young children. For free information pack please contact us at: **Telephone:** 028 71 368592 or 028 90 691133. Monday to Friday 9 – 5 p.m. **Email:** anne.ohagan@familycaresociety.org **Website:** www.familycaresociety.co.uk Thank You



Save our Sunflower
Campaign
Kennedy Centre
Saturday 29th June 2019
9.00am—5.00pm

We need Stem Cell Donors in the fight to save the lives of leukaemia sufferers. If you are fortunate enough to be a match for someone, just think how it would feel to save someone's life. The whole process only takes three minutes with a simple cheek swab. Your support is greatly needed.