St Clare's Hall, What's on? – Monday Bootcamp with CM Fitness 6am – 7.20am, Table Tennis 6pm – 8pm, Pilates 7pm – 8pm, Bowls 8pm – 10pm Tuesday, Brazier School of Dance 4.45pm – 7.45pm, Pickle Ball 8pm – 10pm Wednesday Bootcamp with CM Fitness 6am – 7.20am, Friendship Group 10.30am – 12.30pm, Yoga 5.45pm – 8pm, Bowls 8pm – 10pm (Matches) Thursday Pilates 10am – 11am, Judo 6pm – 7pm, Bingo 8pm – 9.30pm Friday Bootcamp with CM Fitness 6am – 7.20am, Mums & Tots 9.30am – 11.30am, Coffee Morning 10 – 11.30am Monthly Events Book dub 3rd Tuesday 7.30pm – 9.30pm, Traditional night 1st Sunday 7pm – 9pm, Whist Last Friday 7pm – 9pm. Also available for private, community & business functions, including birthday parties, fund raisers and funeral's Contact 07517779334 or stclareshallbooking@hotmail.com.

Glenclare Friendship Group AGM 28 August 2024 @ 10.30am in St Clare's Hall. All members please attend. New members welcome. Tel 07745 254467

St.Joseph's GAC: Lotto Results Thursday 8 August 2024 Winning Numbers 17-18-19-25, Jackpot £2,150, No Jackpot winner. 3 Number winner Alice Gilmore 3 Lucky Dips Randal McAlister, Sinead McKeag, Michael Quinn Next Week's Jackpot is worth £2,200. The members of St. Joseph's GAC thank you for your support.

The Pathways Adult Faith Development programme for 2024/25 begins 12 October at Drumalis. The programme takes place one Saturday a month from 10am – 4 pm between October and June. All are welcome. Past participants may also be interested in the new programme on offer for this coming year. In preparation for the Synod taking place in Rome in October, Sr Sheila Curran RSM will lead a day exploring the meaning and implications for being a synodal church on Saturday 7 September from 10 am – 4 pm. For further information or to register on either of these, please contact Drumalis during office hours (Mon-Fri, 9 am – 5 pm) – 028 28276455/28272196 or email drumalis@btconnect.com Further information http://www.drumalis.co.uk Growth in Prayer and Reflective Living (hosted by Drumalis via Zoom, commencing Mon, 16 September 2024) This 20-session course via Zoom between September and March is based on the insights of Ignatian Spirituality. Places are also available on the Zoom course, "Rooted in Love", delivered over 10 Thursday evening sessions from Sept 2024 to May 2025. For further details on either course, please contact Drumalis during office hours (Mon-Fri, 9 am – 5 pm) – 028 28276455/28272196 or email drumalis@btconnect.com 'Whispering with God' – Year of Prayer is the focus of National Novena to Our Lady of Knock The National Novena to Our Lady of Knock takes place at Knock Shrine from 14 to 22 August 2024. In this dedicated Year of Prayer, the theme of this year's Novena is 'Whispering with God – How do you pray?' The nine-day programme will explore how prayer, in all its forms, is an integral part of our daily lives. For more information, please contact Nóirín Mulhern, Communications Office, Knock Shrine, Email: noirinmulhern@knockshrine.ie, Tel: 094 93 88100 **Anam Cara ONLINE Bereavement Information Evening 3 September at** 7pm. Guest speaker is Bryan Nolan. For more information www.anamcara.ie or 028 95213120

Parish Bingo

in St Clare's Community Hall Every Thursday at 8.00pm sharp-9.30pm approx. Jackpot £1,000 in 52 Numbers



Twentieth Sunday in Ordinary Time 18 August 2024

Very Rev Canon Colm McBride PP: St Joseph's Presbytery, 59 Chapel Road, Glenavy, BT29 4LY Tel: 94 422278 (If unavailable and in an emergency only, contact Fr Declan Mulligan P.P. Aghagallon 92651214)

Parish Office at St Joseph's Glenavy: Monday- Friday 10am - 3pm Secretary: Joan McShane Tel: 94 422278 Email:glenavy@downandconnor.org
Parish Website: glenavyandkilleadparish.com
www.facebook.com/glenavyandkilleadparish
A member of Lisburn Pastoral Community

The Best and the Worst

We can recall the homely smell of freshly baked bread, a good beginning to the day. But bread has to be baked with huge heat for the flour. The wheat is crushed. A way of saying that in life there is the joy and the pain; and things can go wrong. Life's joys and sorrows are a mixture, and much



of the best has some of the worst. The bitterest pain can be when the loved one dies, but you would never cancel out the love for the pain. Death is like that – the worst of life leads to the best of eternity. We often find something great in the worst of times. We get a good result in exams, and you forget the pain of getting them.

The best and the worst in Jesus' life are in the bread and wine of the Mass. The Eucharist recalls the love of God and the cruelty of the human race, all at the one time. Love given and received, but also torture and death at the hands of cruel people.

At the Eucharist, we hold up the world's goodness and joys, along with its depressions and failures, and ask God to be with us in both. Bread symbolises what is good, wine the pain – this is a way of looking on the Eucharist.

Come and eat – come and offer. The best and the worst. The host we will be host we receive, and is the full and real Jesus, pain and all. It is truly the bread of life and the cup of salvation.

Imagine Jesus offering you some bread: this ordinary food is the bread of life. When we eat the bread and drink of the cup, we proclaim your death, O Lord, until you come again.

CatholicIreland.net

<u> 19 — 25 August Mass Intentions</u>			
	St Joseph's	Mater Dei	St James
Mon	9.30am Communion Service		Monday
		7.00	Adoration
Tue		7.00pm Brenda & Paddy Gallagher (Special Intention)	7pm—8pm
		Divine Mercy Chaplet 7.30pm Adoration 7.30pm—8.30pm	
Wed		9.30am In Honour of The Queenship of	(0)
		Our Lady	
		Adoration 10am—12pm	
Thurs	9.30am Aodh Cormican		
	(Anniv)		
	Adoration 7pm—9pm		Feumore Mass Centre
Fri	9.30am P.I.		Sun Adoration
			6.30pm— 7.30pm
Sat		6.00pm Francis & Eilish O'Brien (Anniv)	Divine Mercy
		Paddy Gallagher (Special Intention)	Chaplet, Chaplet
			for Holy Souls & Rosary after-
Sun	9.30am P.P.	10. 45am Baby Sean Jude O'Brien (1st	wards starts at
	12.00pm David Bradley	Anniv)	6.15pm
	(Anniv)	· ······,	Mon Adoration
	John & Maureen Mulholland		11am—12pm
	(Anniv)		

Recently Deceased Ethel O'Neill (Glenavy), Archbishop Noël Treanor

Anniversaries Jerome Cleary, Ambrose McKeever, Sean Doherty, Jim Hughes, Rose & Peter Gilbride, Aodh Cormican, Paul Loney, Brendan McGarry, Daniel Crossey, Fr Eamon O'Brien, George & Mary Alice Grant, John Mulholland, Maureen Mulholland, Irene Cormican, Maureen O'Rourke, Jim Brazier, William Cardwell, Kathleen & Thomas Henry

<u>Sanctuary Lamps</u> George, Mary, Pat & Martin. F.L. Special Intention

<u>Baptism</u> We welcome into God's family Tate James Curphey, Innes Thomas Raffan, Tommy O'Brien

Collection 11/08/24

Weekly Offering: £3,030

Thank you for your generosity

<u>Calling all Musicians and Singers!</u> New Musicians and Choir Members needed in St Joseph's, Glenavy. Please share with anyone aged 18+ who might be interested. Very keen to have any instrumentalists join our team. For more information contact Ciara 07938914190 or <u>c.mooney.3@hotmail.co.uk</u>

<u>Saint Vincent De Paul—Crumlin Conference (St James)</u> Emergency helpline 07754427088. Donations can be made via the Crumlin SVP conference bank account. Account number 41965035, sort code 980460. <u>St Joseph</u>

Glenavy Conference Emergency helpline 07784955647. Donation can be made to our bank account, Sort Code 98-04-60. Account Number 41966009. Your support is very much appreciated as we support those most vulnerable in these challenging times in your local community.

Sanctuary lamp intentions: A Sanctuary Lamp burns for a week in each of our two churches. If you would like to dedicate a lamp for a loved one or a special intention please contact the Parish Office. There is a suggested offering of £5.

Making your offering to the church Parishioners are encouraged to make donations to the parish either by using the parish envelopes or by means of bank transfer. It is of great benefit to the parish when we can record donations so that gift aid can be daimed, if applicable. If you would like to donate using envelopes, please contact the parish office. Alternatively, if you are able, you are encouraged to make a monthly offering to the Church by means of a Bank Transfer to: Parish of Glenavy and Killead Sort Code 98 04 60. Account 10654677. The relevant forms are available at the back of the Churches. Both forms need to be completed with one sent to your Bank and the other to the parish office. If you have any queries, please contact in confidence the parish secretary or Canon McBride.. There is a separate account for the Parish Draw.

Weekend Retreat for Mission Supporters and Friends of SMA Friday 27 September 4.30pm – Sunday 29 September 2.00pm. The SMA community welcomes our Supporters and friends to this **Weekend Retreat and Reflection**, which will be an opportunity to take time aside in the tranquil and relaxed setting of Dromantine. All will join in celebrating Mass each day at the Novena in honour of St. Thérése. The Sacrament of Reconciliation and the Sacrament of the Sick will be celebrated during the weekend.

Marino Restrepo Mission in Northern Ireland 16 – 22 August 2024. Marino Restrepo experienced an illumination of conscience when he was kidnapped & held for 6mths by Farc rebels in Columbia in 1997. Schedule of events Drummond Hotel, Ballykelly 16th – 18th, St Paul's Church, Belfast 19th, St Joseph's Dunloy 20th, Our Lady of Lourdes, Moneyglass 21st, All Saints Church, Ballymena 22rd. For more information Tel Rose Glynn 07957585132 or www.marinorestrepo.com

Parish Draw 2024-25 Week15

Winner £500 Gerard Doone (*Glenavy*) Winner £100 Mary Nelson (*Ballinderry Upper*) Winner £50 Brenda Morgan (*Glenavy*)

Congratulations to our winners!

Web Camera's Mater Dei Church and St Joseph's are both equipped with web-cameras. All Liturgies are broadcast. The cameras are live 24/7 and are focused on the Sanctuaries and first three seats at the front of each Church. To access the broadcasts, go to: www.churchservices.tv/stjosephglenavy or www.churchservices.tv/ materdeicrumlin. The web-cams enable us to attend Mass, however they do not allow us to receive the Eucharist, the Body of Christ. When possible, we should attend Mass in the Church whenever our circumstances permit in order to receive Holy Communion. The Legion of Mary is back in the parish. We meet on Thursdays at 7.30 pm in the Annex of St Joseph's church, Glenavy for further info call or text 07581292226 (Emma). Join us.

The Legion of Mary is currently visiting homes in the parish promoting devotion of the Divine Mercy.

<u>CCTV Camera's</u> Please be aware that St Joseph's Church and graveyard and Mater Dei Church and grounds are monitored by CCTV.

Enrolment of the Pope John Paul II Award Group. If you are aged 16/17, year 13/14 and are interested in joining JPII, please contact Brenda Gallagher on 07928979292.

Adoration of The Blessed Sacrament Can you spare 1 hour from 11am—12pm on a Wednesday in Mater Dei church. Please contact the parish office to leave your name and telephone number.

Accord (NI) Let us help you support your Marriage & Relationship If you feel your marriage or relationship is in crisis or need a little guidance and feel that you both could benefit from Marriage & Relationship Counselling, either face to face or online, contact your local Centre. Every year we help thousands of couples rebuild and sustain healthy relationships. Call us on 02890 233002 for all N. Ireland center's: N. Ireland Regional Office, Armagh, Ballymena, Belfast, Derry, Enniskillen, Maghera, Newry & Omagh info@accordni.com or www.accordni.com